



There is a lot of confusion about CalFresh. The TRUTH about CalFresh . . .

What is CalFresh?

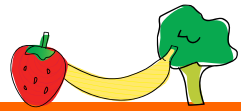
- ✔ CalFresh (formerly known as Food Stamps) is for people with limited income, to pay for food at most stores. Benefits come on an EBT card that works like a debit card.
- ✔ CalFresh is a **nutrition program**, funded by the USDA, which also funds free lunches at schools and WIC. CalFresh is **not** the same as CalWORKs or welfare.
- ✔ You will not have to pay any money back unless you are overpaid.
- ✔ You do not need to report CalFresh on your tax return.

Who can get CalFresh?

- ✔ You **can** get CalFresh even if you get money from a job, disability, unemployment, Social Security, CalWORKs, General Assistance or retirement.
- ✔ People who get SSI are not eligible for CalFresh. **However, their family members may be eligible.**
- ✔ CalFresh will not harm your ability to become a legal resident or citizen.
- ✔ People who do not have children can get CalFresh.
- ✔ Many college students can get CalFresh if they meet student requirements.



[Learn More on the Back](#)



What else should you know about CalFresh?

- ✓ To qualify, **at least one household member** must be a legal resident or citizen, even if that person is a child.
- ✓ Sponsored immigrants can be eligible.
- ✓ You can own your home and car, and have savings and still be eligible.
- ✓ Getting CalFresh will **not** hurt your children:
 - Your children will **not** have to serve in the military
 - They will **not** have to pay it back
 - They will **not** be taken away from you

Even if you have applied for CalFresh before and were denied, you should try again. New laws have passed to make it easier.

Fingerprinting is no longer required to get CalFresh.

For more information on CalFresh, call Second Harvest's Food Connection hotline at 1-800-984-3663.

Funded by USDA SNAP, known in California as CalFresh, an equal opportunity provider and employer. California Department of Social Services

