

WHAT IS CALFRESH?

- ✔ CalFresh used to be called Food Stamps. It is a **nutrition program**, funded by the USDA, with taxes you helped pay. CalFresh is **not** the same as welfare.
- ✔ Benefits come on a plastic card, like a debit card. It is private and easy to use at grocery stores and farmers' markets.

WHO CAN GET CALFRESH?

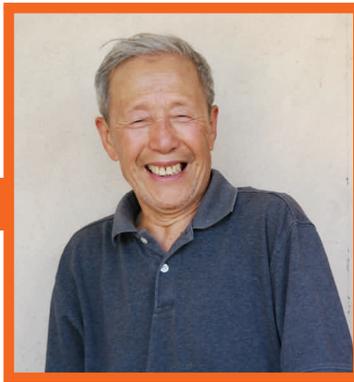
- ✔ Low-income seniors, families and individuals, with or without children, may be eligible.
- ✔ At least **one** household member must be a legal resident or citizen. That person can be a child, grandchild or sponsored immigrant.
- ✔ You can get CalFresh even if you get money from Social Security, retirement, a job, unemployment, or General Assistance.
- ✔ If you receive SSI (Supplemental Security Income), you are not eligible for CalFresh. However, people living with you may be eligible.



OLDER ADULTS MAY
QUALIFY FOR CALFRESH



[Learn More on the Back](#)



WHY SHOULD YOU APPLY FOR CALFRESH?

- ✔ On average, senior households get more than \$100 per month to buy healthy food.
- ✔ Using CalFresh benefits brings money to your community.
- ✔ You can still get CalFresh and benefit from other food programs such as Brown Bag, Meals on Wheels or meals from senior centers.
- ✔ You may own your home and car, have savings or retirement accounts, and still be eligible for CalFresh benefits.
- ✔ You do not have to pay any money back unless you are overpaid. Your savings accounts, home and other assets are safe. They will not be taken or reduced in exchange for receiving CalFresh.
- ✔ If you are an immigrant, CalFresh will not hurt your immigration status.
- ✔ Receiving CalFresh does not take it away from someone else.

Even if you applied for CalFresh before and were denied, you should try again. New laws have passed to make it easier.

Fingerprinting is no longer required to get CalFresh.

**You do not need to go to a government office to apply.
To find out if you are eligible and where to apply
near your home, call Second Harvest's Food Connection hotline,
Mon. - Fri., 8:30am - 4:00pm. 1-800-984-3663**



Funded by USDA SNAP, known in California as CalFresh, an equal opportunity provider and employer. California Department of Social Services

