FAMILY AND YOUTH ACTIVITIES: 2017 HOLIDAY SEASON

This holiday season, kids with youth groups or along with their families can help the Food Bank make the holidays brighter for neighbors in need. **Prepare an at-home family project or youth group project** and bring to the Food Bank, at any of our three locations. Once you choose an activity, fill out the form on the back and bring it with you when you come to drop off your donation.

**ACTIVITIES**

- **Create colorful grocery bags** for our seniors with glitter, color crayons, holiday themes, etc.

- **Make holiday cards** for seniors and families

- **Do mini food drives** that focus on collecting specific items like meals in a can, peanut butter or tuna

- **Create family food baskets** for a family of four to six. Fill it with lots of goodies that you and your family would enjoy. Food items need to be non-perishable and consist of a meal for each breakfast, lunch and dinner. Suggested nutritious menu items:
  - Breakfast: cereal, canned fruit, breakfast bars, pancake mix, maple syrup, canned or dehydrated milk
  - Lunch: canned chili, soup, tuna, crackers, healthy snack bar, water
  - Dinner: Pasta, marinara sauce (canned or in jars), canned vegetables, muffin mix, canned fruit

- **Create lunch bags** - including nutritious menu items such as:
  - Cheese and cracker packets, water, granola bars, nuts, dried fruit, pop-top cans of ready-to-eat foods such as tuna, meals in a can, fruit cocktail
FAMILY AND YOUTH ACTIVITIES:
HOLIDAY SEASON

PLEASE PRINT CLEARLY AND BRING THIS FORM WITH YOU TO SECOND HARVEST FOOD BANK

Today's date: ____________________________  Please check one:  □ Youth Group  □ Family

Family or group name:  ________________________________________________________________

____________________________________________________________________________________

Deliver Projects to Our Front Office at (please check one):

☐ 750 Curtner Avenue, San Jose  ☐ 4001 North First Street, San Jose  ☐ 1051 Bing Street, San Carlos

We are open Monday through Friday 8 a.m. to 4 p.m.

Contact Name:  ________________________________________________________________

(first)  □ Male  □ Female (last)

Address:  ________________________________________________________________

City:  ____________________________ State: ______  Zip Code: ____________________________

Phones:

(work):  ____________________________  (home):  ____________________________

(cell):  ____________________________  (other):  ____________________________

Email Address:  ________________________________________________________________

Project Details:

• Please list the project or projects that your group has provided. All materials and supplies including food is to be supplied by your group and/or family.

• The menu items listed on the reverse side for food baskets are suggestions only.

• When preparing a food basket, remember to choose items that are non-perishable and that can be used to create breakfast, lunch and dinner for a family of four to six.

Projects to be turned in to Second Harvest Food Bank:

____________________________________________________________________________________

To learn more about our extended holiday hours, please visit SHFB.org/contact.