

# Free, healthy food when you need it.

Living here is expensive.  
Getting healthy food doesn't have to be.

Call **1-800-984-3663**

Weekdays, 8 a.m. - 5 p.m.

**You can also:** Learn more at [shfb.org/getfood](http://shfb.org/getfood)  
Text "FOOD" to 1-408-455-5181  
Email [food@shfb.org](mailto:food@shfb.org)

Contact Second Harvest of Silicon Valley today.

Our friendly staff speak English, Spanish, Vietnamese, Chinese and Tagalog.  
Second Harvest is not a government agency.



**SECOND HARVEST**  
of SILICON VALLEY



Free, fresh produce  
and groceries



Prepared  
meals



School and summer  
meals for kids



CalFresh  
(EBT)



Women, Infants and  
Children (WIC)