Crunchy Pear and Yogurt Bowl

Ingredients
2 pears, diced
2 cups plain yogurt
1/2 cup chopped nuts (optional)
1/4 tsp cinnamon

Directions
1. Mix together yogurt and cinnamon.
2. Mix together pears and chopped nuts.
3. Top yogurt with pear mixture and enjoy.

Servings: 2
Total Time: 5 minutes