

## **Oatmeal Cottage Cheese Pancakes**

## Ingredients

1/2 cup cottage cheese1/2 cup rolled oats2 eggs1/2 tsp baking powder1/2 Tbsp oil1 tsp sugarzest of 1 lemon

Servings: 1-2

Prep time: 5 minutes Cook time: 10 minutes Total time: 15 minutes

## **Directions**

- 1. Combine all ingredients into the blender and blend until smooth.
- 2. Heat a medium sized pan. Coat with 1/2 teaspoon of cooking oil.
- 3. Over medium heat, pour 1/4 cup of batter per pancake.
- 4. Cook for 2-3 minutes or until golden brown on the bottom. Flip and cook for another 2 minutes.
- 5. Serve with toppings of choice. Try yogurt, jam, peanut butter, fresh or canned fruit.