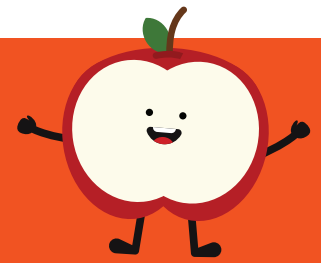






# September 2023 | HUNGER ACTION MONTH

## TAKE A SLICE OUT OF HUNGER: 30 Ways in 30 Days



SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>Our Mission:</b> <i>End hunger in our community.</i></p>					<p><b>1</b> Help us raise \$500,000 for Hunger Action Month! \$1 helps provide enough food for 2 meals.</p>	<p><b>2</b> Stay informed and follow us on <a href="#">LinkedIn</a>.</p> 
<p><b>3</b> Promote food resources and share nutrition education by <a href="#">becoming a Health Ambassador today!</a></p>	<p><b>4</b> <a href="#">Sign up to volunteer</a> at these most needed sites!</p>	<p><b>5</b> Promote CalFresh on social media using the pre-loaded posts on our <a href="#">social media press kit</a>.</p>	<p><b>6</b> Check if your employer has a matching gift program!</p>	<p><b>7</b> Support free school meals. <a href="#">Watch and share our Universal Meals Video</a> with your community.</p>	<p><b>8</b> Follow us on social media @2ndharvest.</p> 	<p><b>9</b> Post a selfie or IG story of you volunteering, include #hungeractionmonth @2ndharvest.</p>
<p><b>10</b> <a href="#">Ask Congress</a> to expand universal meals to all students nationwide!</p>	<p><b>11</b> <a href="#">Advocate for your community</a> and read our policy agenda.</p>	<p><b>12</b> <a href="#">Find out</a> if you are eligible for CalFresh.</p>	<p><b>13</b> <a href="#">Learn about all the ways you can help</a> provide nutritious food to our neighbors!</p>	<p><b>14</b> <b>DID YOU KNOW:</b> <a href="#">We distribute food through over 300 partners</a> at more than 900 sites to reach people in nearly every corner of Silicon Valley, from Daly City to Gilroy.</p>	<p><b>15</b> <b>HUNGER ACTION DAY!</b> <a href="#">If we can raise \$100,000 from our supporters</a> by midnight on September 15, United Airlines will match every gift.</p>	<p><b>16</b> Honor Mexican Independence Day by making <a href="#">Arroz con Leche</a>.</p>
<p><b>17</b> Get creative and make an impact. Read our <a href="#">5 fun virtual food drives</a> blog for inspiration.</p>	<p><b>18</b> <b>DID YOU KNOW:</b> 95% of contributions go to client programs.</p>	<p><b>19</b> Read our latest client stories on our social media channels</p>	<p><b>20</b> Increase your knowledge on food insecurity. Read our blog that debunks the <a href="#">top 5 food insecurity myths</a>.</p>	<p><b>21</b> Learn about how we keep our volunteers safe through <a href="#">our safety guidelines</a>.</p>	<p><b>22</b> Download a copy of our <a href="#">Virtual Client Cookbook</a>.</p>	<p><b>23</b> <a href="#">Subscribe</a>—sign up to receive our emails to stay informed.</p>
<p><b>24</b> <a href="#">Volunteer at our warehouse</a> to help us sort and box fresh produce.</p>	<p><b>25</b> <a href="#">Find free food near you</a> using our interactive map.</p>	<p><b>26</b> <a href="#">Host a virtual food drive</a> or online fundraiser!</p>	<p><b>27</b> <a href="#">Volunteer at one of our distribution sites</a> to help give your community nutritious food.</p>	<p><b>28</b> <a href="#">Visit our nutrition center</a> for tips, nutritional resources and recipes!</p>	<p><b>29</b> <b>DID YOU KNOW:</b> <a href="#">A \$1 donation helps us provide enough food for 2 nutritious meals</a>.</p>	<p><b>30</b> <a href="#">Request the Food Connection team</a> to come do a presentation or tabling event in your community.</p>